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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Yellow Pea | Butternut Squash & Red Pepper | Cream of Chicken | Leek & Potato | Lentil, Sweet Potato & Coconut |
| MAIN MEAL | Stir Fry(turkey) | Roast Chicken & Mealie | Chilli | Chicken Fajitas | Breaded Haddock |
| MAIN MEAL(V) | Loaded Potato Skins (v) | Piri Piri Flatbread (v) | Spanish Frittata (v) | Broccoli Bake (v) | Korma Pasta Bake (v) |
| CARBOHYDRATE | Noodles | Roast Potatoes | Rice | Spicy Rice | Chips |
| VEGETABLES | Sweetcorn | Green Beans | Carrot, Cauliflower & Broccoli Medley | Carrots | Peas |
| DESSERT | Cold Dessert Selection | Lemon Flan | Cold Dessert Selection | Apple Sponge with Custard | Cold Dessert Selection |

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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Broth | Chicken Noodle | Tomato | Cream of Carrot | Spicy Lentil |
| MAIN MEAL | Chicken in Blackbean Sauce | Macaroni Cheese (v) | Steak Pie | Chicken Curry | Breaded Haddock |
| MAIN MEAL (v) | Sweetcorn & Pepper Quiche (v) | Moroccan Vegetable Tagine (v) | Philly Cheese Wrap (v) | Tomato Pasta (v) | Vegetarian Shepherd’s Pie (v) |
| CARBOHYDRATE | Noodles | Roasted Vegetable Cous Cous | Potato Croquettes | Rice | Chips |
| VEGETABLES | Baked Beans | Peas and Sweetcorn | Mashed Turnip | Broccoli | Peas |
| DESSERTS | Cold Dessert Selection | Seasonal Fruit Tart with Cream | Cold Dessert Selection | Chocolate Sponge with Vanilla Sauce | Cold Dessert Selection |

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|  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| SOUP | Lentil | Potato & Courgette | Vegetable | Tomato & Red Pepper | Thai Chicken |
| MAIN MEAL | Traditional Mince | Chicken Korma | Roast Turkey in Gravy | Chicken Hot Pot | Breaded Haddock |
| MAIN MEAL | Vegetable Lasagne (v) | Salmon Fishcake | Sweet & Sour Stir Fry (v) | Cauliflower Cheese (v) | Lentil & Coconut Curry (v) |
| CARBOHYDRATE | Mashed Potatoes | Rice  Or  Sweet Potato Wedges | Noodles  Or  Roast Potatoes | Herby Diced Potatoes | Chips  or  Rice |
| VEGETABLES | Carrot Batons | Mixed Vegetables | Broccoli | Roasted Vegetables | Peas |
| DESSERTS | Cold Dessert Selection | Rhubarb Crumble and Custard | Cold Dessert Selection | Brownie with Cream | Cold Dessert Selection |